

Talking Shop

There are lots of fast-moving developments in this battle against what the federal government is calling the “invisible enemy.” We are working tirelessly to take in the most up-to-date information and data, in order to pass along the most useful content.

Businesses small and large are frantically trying to survive in this new environment. And just like many families across the country, corporations are looking for places to cut costs. We’ve seen an increase in the employers choosing to temporarily stop matching retirement plan contributions. Our position on this: **KEEP CONTRIBUTING!** The match is only one reason, of many, that a pre-tax investment vehicle, like a 401(k) or 403(b) is a great tool! Read this article from Fox Business for details on how this could affect you, and what to know!

www.foxbusiness.com/personal-finance/coronavirus-401k-plans-employer-matching

AND DON'T FORGET: The tax filing deadline has been extended to July 15 this year. If you're not ready by next week, don't sweat it! You've got time.

Keeping the Faith

Many folks across the country are struggling to get by, some even worrying about where the next meal will come from. While you may not personally be dealing with this, it is likely that someone you know may be affected. Here is a great article from the local NBC affiliate, WMC-TV, that lists various food

resources for students and seniors across Memphis & the Mid-South.

www.wmctionnews5.com/2020/03/16/list-free-meal-distribution-sites-students-during-covid-outbreak/

In the continuing effort to replace income for many affected workers in the service industry, one endeavor has caught on like wildfire! *Two Broke Bartenders* is available to deliver groceries, perform odd jobs, handyman work, etc. Check them out at

www.twobrokebartenders.com/

Trying to stay healthy while staying at home? Many gyms and workout studios have rolled out online, virtual exercise classes for free! Yes, free! Here is a great story from the *Chicago Tribune* listing where to look online to keep active.

www.chicagotribune.com/coronavirus/ct-life-online-home-virtual-workouts-coronavirus-tt-0318-20200320-33lwwhwqavatzl3bz7jit7yozy-story.html



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